## **Clutter Reduction Support Group**



#### Is Clutter ...

Taking over your home or workspace?
Creating safety problems in your home?
Affecting your life and your relationships?

# TWO NEW 8-WEEK GROUPS starting in the month of October

### TUESDAYS at 6:30 pm

at The Scituate Council on Aging

### **WEDNESDAYS at NOON**

OR

at St. Mary's Parish Center

- Learn more about how to manage the problem and find support among others who may have similar concerns.
- Each session will run for 90 minutes.
- The group is being offered free of charge but participants are encouraged to purchase the book, <u>Buried in Treasures</u>, by Tolin, Frost, & Steketee (Available on Amazon.com; a limited supply are available to borrow)
- You do not need to live in Scituate to join.
- You must pre-register to attend.

For more information, or to register, contact: Laura Minier at 781-378-1653 or <a href="mailto:line">line</a> minier@scituatema.gov

Brought to you by the Scituate Hoarding Response Team and MassHousing