

VOLUNTEER MATTERS

SOUTH SHORE ELDER SERVICES, INC.

FALL, 2014

SENIOR PICNIC AT NANTASKET BEACH



Over 400 Seniors enjoyed a great time at our Annual Senior Picnic on August 7th at Nantasket Beach in Hull.

Hot dogs, ice cream, music by Richie Burns, dancing, and Wally, the Red Sox Mascot, kept everyone smiling.



The weather cooperated by staying beautiful until the picnic was over. Thank you, Mother Nature!

What a great day and thanks to everyone in our Nutrition Department for putting together a fantastic Red Sox themed event!

We love Wally, Go Red Sox!



Red Sox Mascot WALLY greets picnic goers.



MEALS ON WHEELS
Volunteers are needed!
Especially in QUINCY
PLEASE spread the word!

"We make a living by what we get, but we make a life by what we give."

Winston Churchill



EVENTS CALENDAR

- ◆ ALL VOLUNTEER TRAINING
Sept. 30,
2-3:30 pm at SSES
What's New at Social Security?
- ◆ CHICO's FUNDRAISER
Derby St. Shoppes
Oct 15, 12-4 pm
Mention SSES and 10% of purchases goes to our Special Needs Fund
- ◆ HEALTH AND WELLNESS WALKATHON
at South Shore Plaza, Nov. 16,
9-11 am
- ◆ SSES ANNUAL MEETING,
Nov. 19, 9am
at Lantana, Randolph

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MONEY MANAGEMENT PROGRAM

Here is a recent story of a Massachusetts resident benefiting from the Money Management Program, its volunteers, and the fine work they do. Her name has been changed.

Helen, 92, lives alone in her own home. She was referred to the Money Management Program by the local Council on Aging Director who reported that she was struggling with bills and felt overwhelmed. At her first meeting with the Program Coordinator, Helen was concerned that the Volunteer assigned to her would judge her since she had fallen behind on her bills. Helen was delinquent on her real estate taxes and was fearful that she would lose her home.

Helen was matched with a volunteer who has a very calm, reassuring manner. From their first meeting, Helen and her Money Management volunteer hit it off. He visits her twice a month to review paperwork and pay bills. Helen has been a Money Management client for 8 months and during that time she has adhered to a budget and feels less anxious when bills arrive because her volunteer assists her. Recently, Helen's volunteer observed that her eyesight was getting worse and suggested that Helen might want to consider giving up her car. Helen recognized that she should stop driving for her safety but became depressed that she would be homebound. A referral was made to arrange companion and transportation services for Helen. She has been approved for both services which will allow Helen to get to doctor appointments and provide her with a companion so she does not feel isolated. With the aid of her Money Management volunteer and case management, Helen will be able to remain in her own home.

OMBUDSMAN AND FRIENDLY VISITORS

Volunteers are still needed to participate in these rewarding programs.

Please consider joining our team!!

Easy Apple Pie for the Busy Volunteer



Made with refrigerated crusts, this fresh apple pie is a breeze to prepare. Thickened with tapioca and scented with cinnamon, it's a dessert classic.
Time prep: 30 min
Total: 1 hr. 20 min

INGREDIENTS

6 cups thinly sliced peeled apples
¾ cup sugar
2 Tbsp. MINUTE Tapioca
½ tsp. ground cinnamon
¼ tsp. ground nutmeg
1 pkg. (15 oz.) ready-to-use refrigerated pie crusts (2 crusts)
1 Tbsp. butter, cut up

PREHEAT oven to 400°F. Toss apples with sugar, tapioca and spices. Let stand 15 min.

LINE 9-inch pie plate with 1 of the crusts as directed on package for two-crust pie; fill with fruit mixture. Dot with butter. Cover with remaining crust; seal and flute edge. Cut several slits in top crust to permit steam to escape.

BAKE 45 to 50 min. or until juice begins to bubble through slits in crust. Cool.

For more information
about any of our
Volunteer
Opportunities,

Please contact:

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