







## Sponsored by

Care Alternatives Hospice, South Shore Elder Services, Weymouth Health Care Center, Cedar Hill Health Care Center

Experience this unique and powerful program for healthcare professionals and family members coping with aging spouses or parents dealing with physical and cognitive function losses.

The Virtual Dementia Tour® (VDT®) is a real-life simulation that allows you to experience the sights, sounds, and feelings that those with Dementia adapt to every day as they try to accomplish simple tasks. Enhance your understanding of what it is really like to live with Dementia by attending Care Alternatives Hospice Virtual Dementia Tour® Program.

While we will never be able to fully understand how Dementia feels, the VDT® demonstration is an attempt to provide profound insight into the lonely, frightening world of Dementia. This enlightening program helps all of us to perceive aging and cognitively-impaired diseases in a more compassionate way.

Ways The **VDT®** Limits Sensory and Physical Capabilities:

**Feet:** Simulate foot pain that frequently accompanies poor circulation, neuropathy, and/or arthritis.

Hands: Simulate arthritis in hands as well as loss of sensory feel, simulate loss of fine motor skills in the hands, simulate decrease in sensory motor nerves which results in decrease sensitivity to touch, injury, and temperature variations.

**Eyes:** Impair peripheral vision, simulate vision impairment such as macular degeneration, reduced sensitivity to lighting, increased presence of glare and hazy eyesight.

Ears: Simulate hearing loss.

That is all the "hints" we can mention without affecting the benefits of experiencing the program yourself.



## Where:

South Shore Elder Services 1515 Washington Street Braintree, MA 02184

## When:

Wednesday, March 12, 2014

Morning 1 hour sessions available: 9:30, 10:30, 11:30 Afternoon 1 hour sessions available: 1:00, 2:00

Or

Wednesday, March 26, 2014

Morning 1 hour sessions available: 9:30, 10:30, 11:30 Afternoon 1 hour sessions available: 1:00, 2:00

A specific time will be assigned to you. Groups of 8. Space limited. There is no charge for the program, but registration for a specific 1 hour session is required. Contact Hallie to register for specific session.

## Who to Contact to Register:

Hallie Lipa, South Shore Elder Services

Direct: 781-848-3939 x351 Email: hlipa@sselder.org

For additional information about the VDT, contact:
Carol Corio, CSA, Direct: 781-812-7963, Email: ccorio@weymouthhcc.com
Community Marketing Director, Weymouth Health Care Center and Cedar Hill Health Care Center